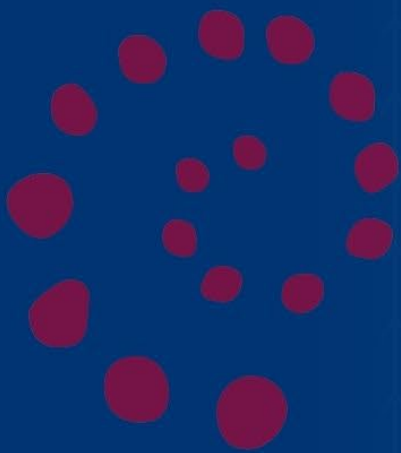




**Monivae**  
College Hamilton

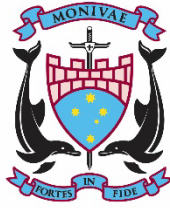


**YEAR 9-10**

*Electives*

[monivae.com](http://monivae.com)

**2027**



# Monivae

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College Hamilton

## Vision

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Monivae College is a Catholic secondary co-educational day and boarding school welcoming to everyone. Inspired by the vision of Jules Chevalier and the spirituality of the Missionaries of the Sacred Heart, students are at the heart of all we do. We nurture success through developing personal and physical growth, resilience, empathy, academic achievement, and faith.

## Mission

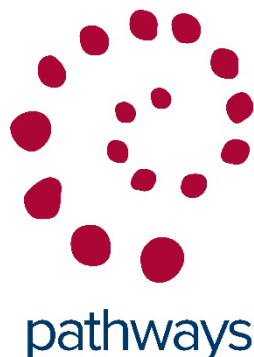
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Monivae College is a heart-centred learning community that embodies the core MSC values of love, positive relationships, and compassion. Ours is a future-focused educational environment which embraces and engages with the world.

## The Monivae Graduate

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Mindful, spirited, and big-hearted, Monivae College graduates are lifelong learners who lead with competence, confidence, and compassion.



educating the  
**mind**  
spirit  
**heart**

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# MIDDLE SCHOOL, 2027

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# SUBJECT SELECTIONS POLICY

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## Rationale

Monivae College is committed to helping every student construct a program that is challenging, balanced, and aligned with future study, training, and employment pathways. Subject placement is based on demonstrated preparedness – our goal is to challenge students, not set them up for failure.

## Guiding Principles

1. High Expectations, Fair Access
  - Some subjects list clear prerequisites, but discussion with your teacher and Year Level Coordinator can also demonstrate that students are ready.
2. Student-Centred Support
  - Every student should discuss their subject options with their current subject teacher, the relevant Faculty Leader, the Careers Coordinator, or the Year Level Coordinators.
3. Balance & Wellbeing
  - Your final mix of subjects should include a healthy, manageable workload and align with your goals – academic, vocational, or a blend of both.
4. Equity & Inclusion
  - If you're affected by an illness, injury, impairment, disability, or personal circumstance, you may be eligible for learning support.

## Subject Selection Process and Approximate Timeline

1. Initial Consultation – Late Term 2 (*pathways Information Evening*)
  - Students attend the *pathways Information Evening* and gather advice from Faculty Leaders, Year Level Coordinators, and the Careers Coordinator.
  - Follow up meetings can be scheduled, as required.
2. Subject Selection – Late Term 2; early Term 3
  - Students submit their preferences into EdVal.
3. Subject Review – Mid-late Term 3
  - The Principal, Director – Learning & Teaching and School Organiser meet to discuss the viability of subjects.
  - Early subject preferences are reviewed by the Faculty Leaders and Year Level Coordinator.
  - Students with subject clashes or requiring follow-up meet with the Director – Learning & Teaching or Faculty Leaders.
4. Subject Confirmation – Term 4
  - Students receive their allocated subjects.

## Subject Viability & Program Adjustment

- A subject will only run if the minimum subscription numbers are met. Students and families must carefully read the subject descriptions, as some may need to choose from backup subjects.
- If a subject is withdrawn due to low numbers or staffing constraints, affected students will be informed promptly and supported to adjust their program without penalty

# SUBJECT



*Arts & Technology*

# ARTS AND TECHNOLOGY – MAJOR ELECTIVES

---

## Ceramics

### Creative Ceramics

This major elective invites you to get your hands dirty—in the best possible way. You'll develop the skills to design and create a range of unique ceramic pieces using various hand-building techniques and types of clay. From shaping to bisque-firing and glazing, you'll learn each step of the ceramic process to bring your ideas to life in vibrant, tactile form. Alongside practical work, you'll explore the rich history of ceramics and study a variety of ceramic artists, gaining insight into their techniques, styles, and sources of inspiration.

---

## Dog's Life

### Pampered Pets: Design for Your Best Friend

“Man's best friend” deserves nothing but the best—and in this fun and creative elective, you'll design and build a luxury bed or castle fit for your favourite furry companion. Combining research, design, and hands-on construction, you'll develop a project tailored to your pet's needs and personality. Using SketchUp, a 3D modelling program, and a detailed Design Folio, you'll plan your creation from concept to final build. Along the way, you'll learn new woodworking techniques and safe workshop practices, using a variety of tools, materials, and machinery. This is a chance to unleash your imagination and take pride in building something truly unique for your four-legged friend.

---

## Makin' Stuff

### Design It, Build it

Turn your ideas into reality! In this major elective, you'll take the lead—planning, designing, and building a project entirely of your own creation. Using SketchUp, a powerful 3D modelling program, you'll map out your concept and document your process in a detailed Design Folio. Along the way, you'll learn practical woodworking techniques and develop your skills with a range of materials, tools, and machinery. With a strong focus on safety and craftsmanship, this subject empowers you to bring your unique design to life—one cut, carve, and construction step at a time.

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## Multicultural Foods

### Global Flavours, Local Roots

Australia's rich multicultural identity is reflected in the food we share. In this flavour-filled elective, students will explore how food acts as a universal language—telling stories of culture, history, and identity. Through hands-on cooking experiences, students will discover ingredients and dishes from around the world, learn about their origins, and explore the sensory qualities that make each cuisine unique. The course also introduces native Australian ingredients and their traditional and contemporary uses. Students will gain confidence in adapting recipes to suit their own tastes, developing both their culinary skills and cultural understanding.

## Outdoor Furniture

### Design & Build: Adirondack Project

This hands-on unit is all about taking your design and construction skills to the next level. Students will explore the creative process from concept to completion by designing and building their own Adirondack chair or table. You'll investigate a range of design possibilities, evaluate options that suit your needs, and develop a solution that's both functional and personal. The process includes research, sketching, accurate technical drawings, and the creation of a scale model—laying the foundation for the final full-scale build. It's a rewarding blend of creativity, planning, and craftsmanship.

---

## Painting

### Paint and Express

In this vibrant elective, creativity takes centre stage. Dive into a world of colour, texture, and self-expression as you explore the rich and varied techniques of painting. From bold, expressive strokes to intricate detail work, you'll learn how to bring your ideas to life on the canvas. Whether you're an experienced artist or just beginning your creative journey, this subject will build your skills, develop your confidence, and help you transform imagination into powerful visual art.

---

## Visual Communication and Design

### Think. Draw. Design.

This subject introduces you to the three core areas of professional design: communication design, industrial design, and environmental design. You'll learn and apply key technical drawing skills—including perspective and isometric drawing—while developing your ability to think creatively and work to a client brief. From conceptual sketches to polished final designs, you'll explore the full design process. Perfect for students interested in visual industries such as advertising, graphic design, product development, or architecture, this subject builds the foundations for further study or a future career in the creative sector.

# ARTS AND TECHNOLOGY – MINOR ELECTIVES

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## Costume Design

### Fashion Forward: Design, Fit & Sew

Why settle for off-the-rack when you can create the perfect fit? In this stylish and hands-on elective, you'll explore the world of garment design and construction—choosing your own pattern, fabric, colours, and trims to make something uniquely yours. Learn how to customise a pattern to suit your shape and style, and master essential sewing techniques to bring your vision to life. From adjusting fit to recreating on-trend designs, this unit gives you the confidence and skills to take control of your wardrobe—one stitch at a time.

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## Desserts

### Sweet Treats from Around the World

Desserts bring joy, comfort, and celebration to our lives. In this subject, students will explore the art of dessert-making through a global lens—learning to create sweet dishes from different cultures while developing their skills in both preparation and presentation. From delicate pastries to bold, flavourful sweets, students will gain confidence using a wide variety of ingredients, tools, and increasingly sophisticated cooking techniques. The course culminates in opportunities to share their creations with family and friends, making food not just something we eat, but something we connect over.

---

## Drawing

### Sketch, Shade, Create

Unleash your creativity and take your drawing skills to the next level. In this inspiring elective, you'll explore the foundations of sketching, shading, and perspective—learning to bring depth, detail, and dimension to your work. Whether you're capturing the world around you or creating entirely new ones, you'll build confidence with every stroke of the pencil.

This is more than just drawing—it's an artistic journey that will sharpen your observation, enhance your technique, and leave you with a portfolio of work to be proud of.

---

## Fabric Arts and Design

### Where Textiles Become Art

In this creative and skill-rich elective, Year 9/10 students will explore a broad range of textile disciplines including garment making, patchwork, quilting, embroidery, and surface pattern design. Through hands-on practice, students will learn to read and follow sewing patterns, experiment with both machine and hand sewing techniques, and produce beautifully crafted textile works.

From intricate embroidery to bold fabric compositions, students will discover the power of textiles as both functional design and personal expression. They'll also have opportunities to produce pieces for real or simulated clients, building their technical skills while developing collaboration, professionalism, and creative confidence. *Fabric Arts & Design* is where traditional craft meets modern design—an ideal subject for students considering future pathways in fashion, textiles, or the broader creative industries.

## Media

### Media: Film, Photography & the Modern

Step behind the camera and into the world of visual storytelling. In this elective, you'll develop practical skills in photography and filmmaking, learning how to capture compelling images and edit using industry-standard software like Adobe Premiere Pro. Alongside hands-on production, you'll explore the conventions of film and analyse the creative decisions made across the stages of media production—from scripting to post-editing. You'll also examine the broader media landscape, investigating how film, photography, and digital content shape and reflect 21st-century society.

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## Pallet Creations

### Pallet to Project: Creative Recycling in Action

Recycling is the new normal—and in this inventive elective, students will turn old pallets into new possibilities. With creativity as the only limit, you'll design and build your own unique project using repurposed pallet materials. From rustic shelves to planter boxes, patio furniture to decorative pieces, this course encourages you to dream big while working sustainably.

You'll explore the principles of upcycling, gain hands-on construction skills, and consider the environmental benefits of reusing materials. With minimal cost and maximum imagination, this subject is perfect for students who want to build something practical, personal, and planet friendly.

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## Sheet Metal

### Metal work: Foundations in Fabrication

For students who enjoy working with metal, this hands-on course offers the perfect introduction to shaping, bending, and joining sheet metal. You'll learn to safely use a range of tools and techniques while constructing a functional tool tray—a project that builds both skill and confidence.

This elective is an ideal stepping stone for those considering the Year 10 Engineering pathway at Monivae, providing essential experience in fabrication and workshop safety while sparking creativity through practical design.

# SUBJECT



*Cadets*



# CADETS – MINOR ELECTIVE

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## Monivae Cadets

### Leadership Through Service

The Monivae Cadet Unit has a proud tradition of helping students grow in confidence, resilience, and leadership. Open to students from Year 9 to Year 12, the cadet programme provides structured training, teamwork, and challenge-based activities that build both character and capability, whilst developing essential life skills and building lasting friendships and having fun.

As students' progress, they can complete promotions courses at Puckapunyal, advancing through the ranks from Cadet to Lance Corporal, Corporal, and Sergeant. These promotions may lead to leadership roles such as Section Leader or Platoon Sergeant.

In these roles, they will mentor younger cadets and contribute to the strong sense of camaraderie that defines the Monivae Cadet experience.

Whether you're seeking personal growth, leadership experience, or just a unique and rewarding challenge, Cadets offers a path to all three. Your cadet experience will also make you stand out when applying for part-time jobs. Employers value the leadership, reliability, and work ethic that cadets develop. You will have specific examples of responsibility and teamwork to share in interviews.

Students who opted out of cadets in Year 9 are welcome to join back in the following years.

**\*\*\* This elective runs for the entire year \*\*\***

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SUBJECT



*Digital Technology*

# DIGITAL TECHNOLOGY – MINOR ELECTIVE

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## Unreal Creators: Game Design & Development

### Create it. Code it. Play it.

Ever wanted to design your own video game? In this cutting-edge elective, you'll learn to build your own game using Unreal Engine—the same powerful platform behind popular games like *Fortnite*. Gain hands-on experience in coding, game design, graphics, and storytelling as you bring your unique ideas to life.

Whether you're new to coding or already have some experience, this course will equip you with practical skills for the digital age, opening pathways to exciting careers in gaming, software development, and digital technology.

**\*\*\* This elective runs for the entire year \*\*\***

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# SUBJECTS

English



# ENGLISH – MINOR ELECTIVES

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## Lit Up: Stories that Stick

Dive into the rich world of words and ideas!

In this Literature elective, you will explore how directors, authors, and songwriters create meaning through their work. From timeless classics to contemporary voices, you'll journey through captivating stories, dissect passages, and unravel the secrets behind captivating characters. This isn't just about reading but about looking closer at the things we read and watch, to develop your close reading, analytical skills, and enjoyment of literary works. Whether you're a bookworm or movie buff, get ready to spark your imagination and challenge your perspectives. This elective will prepare you for further studies in VCE Literature and English.

---

## Speak Up: The Podcast Project

Make your voice heard!

This elective is your chance to step behind the mic and experience first-hand one of the globe's fastest growing industries. From crafting compelling stories and scripting episodes, to recording, editing, and publishing your very own show, this is your platform to speak up about what matters to you. Whether you're into interviews, hot takes, mysteries, or music, there is no experience needed!

Bring your voice, your ideas, and the courage to share them with the world.

---

## Unleash the Ink

Unleash your inner story teller!

In this Creative Writing elective, you'll shape stories that captivate, craft thrilling plots, and create characters that leap off the page. Learn the art of creating tension, writing dialogue, and imaginative worldbuilding.

Whether you're dreaming of publishing or just love to write, this course will help you find your voice and provide you the chance to workshop, receive feedback, and share your ideas with others. This elective will expand your skills in English and prepare you for further studies in VCE English.

---

## Worlds & Words: Storytelling Through Role Playing Games

Write It. Play It. Live It.

In this English elective, students will dive into the art of creative writing through the lens of role-playing games. By crafting original characters, developing immersive worlds, and engaging in collaborative storytelling, students will explore narrative structure in a hands-on, imaginative way. Through guided gameplay of a variety of role-playing games including Dungeons & Dragons and other writing exercises, they'll build compelling backstories, shape plot arcs, and refine dialogue and description. This interactive approach encourages creativity, critical thinking, and teamwork, while providing a fresh, fun path to develop fiction writing skills.

# SUBJECT



*Health & PE*



# HEALTH & PE – MAJOR ELECTIVES

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## Exercise and Sport Science

### Move Smarter. Perform Better

The human body is an incredible machine – and this elective dives into how it powers movement and performance. You'll explore how the musculoskeletal, cardiorespiratory, and energy systems work together and adapt to physical activity. Learn the fundamentals of sports nutrition and how diet supports peak athletic performance.

Beyond the science, this subject also examines the broader role of physical activity, sport, and society in shaping healthier lifestyles. Perfect for students passionate about sport, health, or fitness, this elective lays a strong foundation for further study in VCE Physical Education.

---

## Health and Human Development

### Foundations of Wellbeing

This elective offers students a broad and engaging introduction to the factors that shape health and wellbeing, with a particular focus on youth development. You'll explore the dimensions of health—physical, mental, social, emotional, and spiritual—and examine how biological, sociocultural, and environmental influences impact young people today.

Students will also investigate the role of food and nutrition in maintaining good health, and gain insight into Australia's healthcare system, including Medicare, the Pharmaceutical Benefits Scheme, and Private Health Insurance. This unit is ideal preparation for further study in VCE Health and Human Development, offering real-world relevance and essential life knowledge.

# HEALTH & PE – MINOR ELECTIVES

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## Men's Health and Fitness

### Train Smart. Stay Strong.

Looking to build your technique and confidence in the gym? This minor elective focuses on male health and fitness, offering practical experience across a wide range of training styles. You'll develop your skills in resistance training, Pilates, yoga, and both aerobic and anaerobic conditioning.

The course also covers group fitness, injury prevention, and effective recovery strategies—equipping you with the knowledge to train safely and maintain a healthy lifestyle for the long term. Whether you're new to fitness or looking to refine your technique, this elective is all about building strength, resilience, and lifelong habits.

---

## Outdoor Education: Land and Water

### Explore, Respect, Protect.

This exciting elective provides student hands-on experience in both land and water environments, while laying the foundation for VCE Outdoor and Environmental Studies. Through activities like hiking, camping, canoeing, surfing, scuba diving, and cooking on a Trangia, students will build outdoor skills and develop an appreciation for the natural world. With a strong focus on sustainability, students will explore how human interaction impacts both terrestrial and aquatic ecosystems and learn strategies to minimise their environmental footprint. The course also examines the role of technology and equipment in outdoor adventure, promoting safety, responsibility, and respect for the environments we explore.

---

## Women's Health and Fitness

### Strong, Confident, Healthy

Ready to build your confidence in the gym and boost your physical abilities? This minor elective focuses on women's health and fitness, offering engaging, practical sessions tailored specifically to your needs. You'll explore resistance training, Pilates, yoga, and sport-specific skills, as well as dynamic group fitness classes designed to build both physical strength and community. Alongside fitness techniques, you'll gain valuable knowledge about female health and wellness—helping you stay active, informed, and empowered for life.

# SUBJECT



*Humanities*



# HUMANITIES – MAJOR ELECTIVES

---

## Making and Breaking the Law

### Discover how laws shape society

Explore the fascinating world of politics, law, and democracy in action. In this dynamic elective, you'll investigate how political parties form and operate, gaining insight into the foundations of democratic governance. Dive deep into Australia's criminal and civil legal systems by examining real cases that have influenced our nation's history. Understand the critical role courts play in resolving disputes and examine the interplay between parliament and the judiciary in shaping laws.

This subject offers valuable insights into our nation's governance, making it an ideal stepping-stone for students considering VCE Legal Studies or careers in law, politics, or public service.

---

## Markets and Money

### Money Matters. Markets Explained.

Discover how markets shape the world around us in this insightful elective. You'll step into the shoes of an economist, exploring the fascinating forces behind consumer choices and business strategies. Using engaging case studies, you'll unravel the mysteries of how products are produced, distributed, and consumed, gaining a deeper understanding of the economic decisions that drive society.

You'll also delve into the essential role money plays in connecting businesses and consumers in a global marketplace. Perfect for students interested in economics, finance, or business, this subject lays a strong foundation for future study in VCE Accounting or Business Management.

# HUMANITIES – MINOR ELECTIVES

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## Crime and Punishment Through the Ages

### Justice – Past and Present

Step back in time to explore the fascinating—and sometimes chilling—history of crime and justice. In this thought-provoking elective, you'll examine how societies have defined, dealt with, and punished criminal behaviour across different historical periods. Trace the evolution of laws and punishments, from ancient penalties to modern justice systems, and explore the social, economic, and psychological factors that influence criminal behaviour.

This subject provides a compelling foundation for students considering further studies in VCE History or Legal Studies, offering deep insights into humanity's pursuit of justice and social order.

---

## Your Money

### Managing Finances for Life

Ever wondered where your money goes—or how to make it work better for you? In this practical elective, you'll explore essential money-management skills, including earning, spending, saving, and investing. Learn about taxes, how to be a savvy consumer, and how to safely navigate the online shopping landscape. Discover how to avoid scams, manage mobile phone plans, and keep your financial life secure.

Ideal for anyone looking to gain financial independence, this course also serves as excellent preparation for further studies in VCE Accounting or Business Management.

# SUBJECT



*Indonesian*

# INDONESIAN – MAJOR ELECTIVE

---

## Indonesian Second Language: Youth, Language, and Culture

### Language, Culture, Connection

Deepen your skills and confidence in Indonesian as you explore how this vibrant language works. This elective prioritises fluency, encouraging you to regularly practise speaking, listening, reading, and writing in Indonesian within an engaging classroom environment.

Immerse yourself in contemporary Indonesian youth culture by exploring popular films, trending music, social media, and vlogging. You'll also gain insights into the issues and interests that matter to Indonesian teenagers today. This dynamic course provides both practical language skills and cultural understanding, laying a strong foundation for future language studies.

---

# SUBJECT



*Performing Arts*

# PERFORMING ARTS – MAJOR ELECTIVES

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## Drama – Theatre through the ages

### Explore. Create. Perform

In *Theatre through the ages*, students trace the history of theatre from the classic Greek and Roman eras through the Elizabethan age to today. They explore the process of theatre making and analyse dramatic elements, theatre conventions and performance styles. Students hone their performance skills through the adaptation of classical works for a modern audience.

---

## Drama – Back to the Bard

In *Back to the Bard*, students return to the Elizabethan era to explore the history, context and impact of European theatre on the western world and beyond. Students study, experiment with and devise performances drawing from original and re-imagined works of Shakespeare building towards themed programs or topical performances.

---

## Music – The Performance

### From Practice to Performance

Step into the spotlight and develop your skills as both a soloist and ensemble musician. This dynamic elective is designed to build your performance confidence, help you manage stage nerves, and refine your technique on your chosen instrument. With a practical approach to musicianship, you'll gain essential theory knowledge alongside valuable stage experience. Prepare to showcase your talents and perform live in front of an audience, transforming your passion for music into captivating performances.

# PERFORMING ARTS – MINOR ELECTIVES

---

## Drama – Creative Theatre

### Write it. Shape it. Act it.

In Creative Theatre, students experiment with acting styles through improvisation and other play making techniques to build characters and scenes. Students devise and present original performances aimed at specific audiences for the purpose of entertainment.

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## Drama – Workshop Theatre

In *Workshop Theatre*, students focus on creating and presenting performances through individual and collaborative processes. They analyse dramatic elements and experiment with acting styles through improvisation and other play making techniques. Students prepare and present scenes based on existing materials and devise and refine original creative pieces through writing and improvisation.

---

## Music – Ensemble Performance

### Together in Harmony.

Collaborate, perform, and connect through music. In this exciting elective, you'll team up with fellow musicians to form ensembles tailored to your interests and instruments. Whether it's a rock band, jazz combo, concert band, or vocal ensemble, you'll develop essential musical teamwork skills, sharpen your listening and communication abilities, and discover the joy and excitement of playing music together.

SUBJECT

Science



# SCIENCE – MAJOR ELECTIVES

---

## Agricultural and Environmental Studies A

### Farming for the Future

Get your hands dirty and your mind engaged in this forward-thinking agricultural elective! Throughout the semester, you'll develop skills in farm innovation as you analyse current farming practices and explore cutting-edge agricultural technologies. Regular visits to Monivae Farm will give you practical experience, while the opportunity for guest speakers and excursions to local agricultural businesses will provide real-world perspectives. You'll develop skills in sustainable farming practices, agricultural technology assessment, and business planning as you create a future-focused development proposal for the Monivae Farm. This hands-on elective is perfect for students interested in agriculture, environmental sustainability, or rural business, and provides excellent preparation for Certificate courses in Agriculture/Horticulture or VCE Environmental Science. The exact content of this elective will change depending on environmental factors and the interests of the cohort.

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## Agricultural and Environmental Studies B

### Innovation and Inquiry

This is the second part of your Agricultural and Environmental journey at Monivae. You will continue to engage with the Monivae Farm, and real-world experiences. The exact content of this elective will change depending on environmental factors and the interests of the cohort.

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## Psychology – Opening Minds

### Explore Minds, Understand Behaviours

Dive into the fascinating world of how our minds work! In this engaging elective, you'll explore the science behind human behaviour, emotions, and thought processes through psychological experiments and research projects. Discover the powerful techniques of positive psychology that can enhance your wellbeing and resilience, while developing critical thinking skills through analysing real psychological studies. You'll design and conduct your own experiments, learn about effective research methods, and practice mindfulness techniques that support mental health. This elective provides an excellent foundation for VCE Psychology while focusing on the most intriguing aspects of the human mind.

# SCIENCE – MINOR ELECTIVES

---

## Explore the Animal Kingdom

### The Wonders of Wildlife

Explore the diversity of life as we work our way through the animal kingdom, from the simplest invertebrates like sponges and jellyfish to complex organisms such as birds and mammals. Each week focuses on a new group of animals, examining how their bodies are structured and how their systems function. You'll use microscopes, slides, live specimens, and perform dissections to investigate systems like the circulatory, respiratory, and skeletal systems. Ideal for students curious about biology, veterinary science, health, or agriculture.

**\*\*\* Dissection is a required part of this elective \*\*\***

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## Forensic Science

### Investigate. Analyze. Solve.

Step into the role of a crime scene investigator in this hands-on elective. Learn real forensic techniques like fingerprint dusting, blood splatter analysis, DNA profiling, and many more. You'll explore a range of scientific tests and use your skills to solve fictional cases, culminating in the ultimate challenge, CSI: Monivae. Along the way, you'll strengthen your problem-solving abilities, sharpen your observations, and deepen your crimes. This elective strengthens your critical thinking, observations skills, and understanding of how science is applied in the real world – perfect for future detectives, scientists, or anyone who loves solving puzzles!



**Monivae**  
College Hamilton



educating the  
**mind**  
**spirit**  
**heart**

*“True community...is where each member brings their talents and knows that they are recognised, accepted, heard, encouraged, and challenged”.*

*MSC Constitution #35*